Lightfoot Says

TREAD LIGHTLY!

Don't let your common sense fail - be safe, don't litter and ride on the trail!
Once upon a time, deep in the Evergreen Forest lived a family of squirrels. The family’s youngest and most curious member was Lightfoot, who was always learning new and exciting things about the forest and its creatures. When Lightfoot explored the beauty of Evergreen Forest and its cool, clean streams, he would watch the other forest creatures play.

The strangest and most interesting creatures of all were the humans, who had many shiny, brightly colored toys called 4x4s, motorcycles, ATVs and bicycles. Lightfoot could tell the humans had also been taught to respect others and keep the forest clean. They were careful not to damage the forest when they played with their toys. They always put their litter in trash cans and rode on the trails. Lightfoot hoped someday he and the humans would be friends.

One day Lightfoot decided he was finally old enough to leave his family in Evergreen Forest and find a new home. He crossed the small stream and followed the river down the canyon. He traveled all day and far into the night, when finally he came to a beautiful lake in a valley he’d never seen before. It was very peaceful as the moon and stars reflected on the calm lake.

“This will be my new home,” Lightfoot thought as he set up camp.

The next morning a loud noise jarred Lightfoot awake. Lightfoot opened his eyes and saw a driver of an off-highway vehicle not following the rules and driving off the trail. Lightfoot scurried to the top of an oak tree to see what was going on. From there, he could see the driver of the off-highway vehicle ignoring other trail rules by splashing through streams and driving up hillsides where there are no roads, having little understanding for the needs of other forest creatures. He was amazed at how careless one human could be. Lightfoot’s heart sank. He wondered why this human was not playing nice and taking care of the land.

Then, Lightfoot had an idea. He would help keep all forests as beautiful as Evergreen Forest, where the animals and humans were happy and the streams and air were clean. He knew most humans cared for the land but sometimes they needed a reminder to ride on designated routes, cross streams at the right places, pick up litter and leave a good impression on the land.

Lightfoot would follow the TREAD pledge and teach it to others. He’d become “Lightfoot, Friend of the Outdoors,” and “Teacher of the Humans.” He’d travel from forest to desert and all the lands in between to share his teaching with every human he meets. He’d tell them about Evergreen Forest and how to Tread Lightly.
Travel only on trails or other legal areas.

Walk or ride slowly through - not around - puddles and mud on the trail.
Respect animals, plants and people.

Don’t chase, scare, feed or try to pet wildlife. Watch out for other people on the trail.
Draw yourself outside using Lightfoot’s advice to stay on the trail!
Educate yourself - know before you go!

Taking a safety course before you head outside is a great way to stay safe and enjoy your time on the trails.
Every time you go outdoors, think safety, bring a friend and be prepared.

Remember to pack the seven important items: water, food, first aid kit, raincoat or poncho, flashlight, sunscreen and a whistle.
Help Lightfoot through the maze in his 4x4 - Remember to stay on the trail!
LIGHTFOOT SAYS...

Always leave the outdoors better than you found it.

Keep the outdoors clean! Don’t litter or leave food or trash behind.
Discover how fun the outdoors can be when you Tread Lightly!

Remember, the great outdoors is home to my friends and me - treat it with care!
LIGHTFOOT SAYS...

Stay on the Trail.

Staying on the trail helps keep our water clean for people and animals in the forest.
When outdoors, the responsibility is yours!

Low snow, don’t go — you can damage plants and summer trails.
Lightfoot the Squirrel reminds you to always:

T_r_v__l  R_sp_ns_bly
R_sp_ct th_ R_ghts of Oth_rs
E_d_c_te Y_urs_if
A_v__d S_ns_t_ve Ar__s
D__ Y__r P_rt

Can you fill in the vowels?
Visit www.treadlightly.org for more fun activities with Lightfoot!
MESSAGE TO PARENTS AND TEACHERS

This coloring book is developed to help teach youngsters the importance of taking care of the great outdoors.

The Tread Lightly! program uses the letters in the word TREAD to convey this message:

**T**ravel on trails or other legal areas

**R**espect animals, plants and people

**E**very time you go outdoors, think safety, bring a friend and be prepared

**A**lways leave the outdoors better than you found it

**D**iscover how fun the outdoors can be when you Tread Lightly!

FOR MORE INFORMATION ON THE TREAD LIGHTLY! PROGRAM
CALL 1-800-966-9900, VISIT US ON THE WEB, OR EMAIL US AT treadlightly@treadlightly.org

This educational publication made possible in part by:

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