

Lightfoot™

Wants You to Follow the TREAD Pledge

Travel on trails or other legal areas

- Keep your feet and wheels on open roads, trails or in legal riding areas.
- Ask an adult before crossing and/or playing in streams and rivers.
- When you step off trail to search for campsites, fishing holes or a nice spot to rest, watch your step and don't trample plants.
- Remember riding up and down stream beds can damage soils, plants, and animals in the water.
- Use maps and signs to help you stay on the trail.
- Walk or ride slowly through puddles and mud on the trail—not around.
- When you are on a bike or an ATV if you can't go over an object, turn back. Report the trail obstacle to the ranger.
- Keep control of your bike, dirt bikes or ATV.



Respect animals, plants and people

- Don't chase, scare, feed or try to pet animals.
- Don't carve on tree bark or draw graffiti on trees and rocks.
- Watch out for other people on the trails.
- Keep the noise down, especially in camp.
- Don't shine your flashlight into other camps.
- Don't ride or run through other camps.

Every time you go outdoors, think safety, bring a friend and be prepared

- Always tell an adult where you are going, who you are with, and when you will be back.
- An adult should be with you when riding ATVs or dirt bikes and when traveling in the backcountry.
- Remember to pack the seven important items: water, food, first aid kit, raincoat or poncho, flashlight, sunscreen and a whistle.
- When trail riding or hiking, don't leave the trail—you are less likely to get lost and much easier to find. *If you think you are lost, stay where you are and blow your whistle.*
- Don't wander off at night.
- Bring a map, check the weather, and find out about wildlife to be aware of in your area.
- Bring the proper clothes including good shoes and a jacket—wear a helmet and other protective gear when you ride.

Always leave the outdoors better than you found it

- Don't litter or leave food or trash behind.
- Pick up trash left by others—as long as it is safe.
- Wash your bike or ATV and other gear after every ride so you won't spread weed seeds.
- Leave plants or flowers for others to see.
- Lend a hand, plant trees and other plants with your local ranger.
- Clean up after your pets.
- Convince others to keep the land and water clean.

Discover how fun the outdoors can be when you Tread Lightly!

- Keep your parents and rangers happy—follow all the rules.
- Remember the great outdoors is home to Lightfoot and his friends—treat it with care.
- You will have more fun if you take care of the outdoors.
- Make the right choice—if you do something wrong others might follow and make more damage.