

Ride Right, The Tread Lightly!® Way

Lightfoot™'s Tips For The Responsible ATV and Dirt Bike Rider

Travel on trails or legal riding areas

- Keep your ATVs and dirt bike on open roads, trails, or in legal riding areas.
- Cross rivers and streams only where the trail crosses, and ask your parents before you go.
- Remember riding up and down streambeds can damage soils, plants, and animals in the water.
- Use maps and signs to help you stay on the trail.
- Ride slowly through, not around, objects, puddles, and mud on the trail.
- If you can't go over an object, turn back. Reports trail obstacles to the ranger.
- Keep control of your dirt bike or ATV.

Respect animals, plants, and people

- Don't chase, scare, feed or try to pet animals.
- Watch out for other people on the trails.
- Keep your noise down, especially in camp.
- Don't ride or run through other camps.

Every time you go outdoors: think safety, bring a friend, and be prepared

- An adult should be with you when riding ATVs or dirt bikes.
- Remember to pack the seven important items: water, food, a first aid kit, a raincoat or poncho, a flashlight, sunscreen and a whistle.
- When trail riding, don't leave the trail—you are less likely to get lost and much easier to find. *If you think you are lost, stay where you are and blow your whistle.*
- Bring a map, check the weather, and learn about wildlife to be aware of.
- Wear a helmet, boots, gloves, and other protective gear when you ride.
- Are you old enough to drive a dirt bike or ATV? Each state has different rules—so check before you go.
- Go to school—take a safety course. Some areas or states require it.

Always leave the outdoors better than you found it

- Don't litter or leave food or trash behind.
- Pick up trash left by others—as long as it is safe.
- Wash your bike or ATV and other gear after every ride so you won't spread weed seeds.
- Leave plants or flowers for others to see.
- Lend a hand; plant trees and plants with the help of your local ranger.

Discover how the outdoors can be when you Tread Lightly!

- Keep your parents and rangers happy—follow all the rules.
- You will have more fun if you take care of the outdoors.
- Make the right choice—if you do something wrong others might follow and make more damage.
- Remember the great outdoors is home to me and my friends; treat it with care.

